

HERNDON-RESTON FISH, INC.

Herndon-Reston FISH, Inc. 1141 Elden Street, Suite 200 Herndon, VA 20170

Main Office: (571) 267-2977 www.HerndonRestonFISH.org

FISH is a nonsectarian, non-profit 501(c)(3) corporation helping local residents in financial crises.

Client Profiles

A single mom with four children under age 14 is working, taking classes to get a better paying job, and caring for her children. Everyone got sick requiring her to take time off from work and pay for high medical bills. The family does not have subsidized housing. FISH participated in a package with partners to pay for past-due rent, stop eviction proceedings, and maintain family stability.

An elderly, disabled Herndon man lives on social security income that he supplements with a part time job. Unfortunately, his work hours were reduced at the same time his prescription plan was discontinued by Medicare. He pays the majority of his income on rent. He had to use his utility funds on necessary medications. FISH stopped a cutoff and paid for his electrical power.

A mom with three daughters fleeing domestic violence is in protective shelter. She cannot pay for required medications to treat abuse injuries. Her husband is in jail, and he was the financial supporter. FISH provided all necessary prescription coverage.

Large donors may be eligible for Virginia NAP tax credits that you can receive by donating to Herndon-Reston FISH, Inc.

Email for more information FISH@HerndonRestonFISH.org





CFC – No. 83534

United Way United Way – No. 8359

FISH Facts

How many benefitted from all FISH programs in FY2018?

- > 3,426 people were helped this year by FISH
- \$276,259 was paid directly to landlords, utility companies, medical, dental, and other critical providers on behalf of people in short term financial crises
 - 780 people avoided housing evictions
 - 558 people averted utility cutoffs in power
- > 1,642 people received holiday food and gift assistance
- 275 extremely low income people received SNAP matching funds to purchase fresh fruits and vegetables
- 100 adults learned basic budgeting at financial literacy workshops to avoid future financial crises

Who is helped by FISH?

- Herndon and Reston residents with primarily low incomes who are also experiencing short-term crises including illness, injury, family instability, and job loss
- Families, veterans, and seniors struggling with lack of affordable housing
- Single parents with kids working long hours in low-paying jobs

How does FISH help so many local residents?

- Individuals, businesses, grantors, and fund raisers provided \$450,575 in funding
- About 500 volunteers contributed thousands of hours of service in time and talent
- The Bargain Loft contributed approximately \$77,000 in net profits to assistance programs

The Bargain Loft, the FISH thrift store in Herndon, offers quality collectibles, jewelry, seasonal décor, art, tableware, furniture, gifts, books, and household items at affordable prices.

Shop * Donate * Volunteer

336 Victory Drive, Herndon, VA 20170

Tues-Fri 10 AM-3PM, Saturday 10 AM-4PM, (703) 437-0600

You can help Herndon-Reston FISH continue its important work:

- Make a tax-deductible donation by check or online at www.HerndonRestonFISH.org
- > Donate quality items to *The Bargain Loft*
- Volunteer with FISH
- Support a FISH fund-raiser or outreach event